

## WHAT TO BRING TO HOSPITAL

- **For use in Delivery Suite** (consider bringing the following)
  - Massage oil
  - Camera and film
  - CD player with music of your choice
  - Partners may need snacks and bathers for use in the shower/bath

- **For use in the Maternity Unit**

### **Mother**

- Light nightwear, dressing gown and slippers
- 8-10 pairs of underwear
- Casual clothes for day wear
- 4 packets of sanitary napkins
- Toiletries, tissues and a small amount of money
- Any medications that you take regularly
- Details of your Private Health Insurance and Medicare Card

### **Baby**

- Please bring in any outfits you may wish to dress your baby in
- Singlets, bunny rugs
- Disposable Nappies and Baby Wipes
- Please label baby clothing
- Towels are supplied by Jessie McPherson

- **For Taking Baby Home**

- Baby outfit
- Baby must be transported in an approved and correctly fitted car restraint